

Kyle Chapman Pony League 2009

	All players	Fielders	Pitchers	Catchers	Pitcher-catchers	Comments
total number responding	93	17	62	23	11	
number screened (examined by Dr. Metzger)	91	17	62	23	11	just about everyone who filled out a questionnaire was examined
% of league examined	68.9	n/a	n/a	n/a	n/a	just a bit less than last year; no significant difference
average player age (years)	13.4	13.1	13.4	13.5	13.4	As expected, pitchers and catchers have more 14 year-olds than fielders
% all players left handed (normal population is 9%)	10.6	5.9	12.3	8.7	9.1	It is true that baseball slightly selects left-handers, fielding strongly selects right-handers, pitching strongly selects left-handers, and catching does not select right or left handers (at least not in this pony league)
Average mos player plays per year	didn't record	didn't record	9.7	didn't record	9.2	Only recorded months played per year for pitchers - will change that to include all players next year
% reporting pain in arm when throwing	11.7	0.0	16.9	6.2	36.3	*Pitching and catching make it very much more likely that a player will have arm pain at some point, with pitching more strongly associated with arm problems than catching. Those who pitch AND catch are twice as likely to have arm problems as those who only pitch, and 6 times more likely than those who only catch. Fielding/batting does not cause arm problems.
% capsular ligament too tight (predisposes to injury in shoulder)	10.8	11.8	10.8	17.4	9.1	Using GIRD=>age in years
% who play other overhead type sports like quarterback or swimming	16.0	11.8	15.4	6.2	9.1	
% who report they are pitchers	64.0	n/a	n/a	n/a	n/a	players are categorized as pitchers and/or catchers based on their saying so on the questionnaire
% who report they are catchers	23.0	n/a	n/a	n/a	n/a	
% who report they are pitchers AND catchers	11.0	n/a	n/a	n/a	n/a	
% who throw:						
fastball	n/a	n/a	100.0	n/a	100.0	
changeup	n/a	n/a	95.3	n/a	100.0	
curveball	n/a	n/a	78.5	n/a	63.6	
slider	n/a	n/a	12.3	n/a	27.3	pitcher-catchers are more likely to throw sliders
knuckle	n/a	n/a	4.6	n/a	0.0	

*this is the marquee finding of this study